Siris Spiral Splint (sp)
Thumb IP Hyperextension or Trigger Thumb

1. Choose an EZ-Sizer that, when rotated on its side, is snug when it slides over the IP joint.

   Sideways over IP joint

2. Measure the length from mid-phalanx to mid-phalanx.

   Mid-phalanx

The spiral splint can be worn to block hyperextension and provide mild medial/lateral stability to the joint.

The spiral splint can be worn for trigger thumb by positioning the center band to cross diagonally over the dorsal surface of the IP joint.

SPLINT ADJUSTMENTS AND FITTING:
- Splints can be adjusted for circumferential fit by either tightening or opening the spiral.
- Splint length can be adjusted by spreading the ends apart or squeezing the ends towards each other.