



# SIRIS SPIRAL SPLINT (SP)

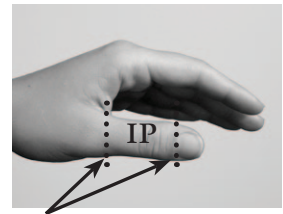
*Thumb IP Hyperextension or Trigger Thumb*

- 1** Choose an EZ-Sizer that, when rotated on its side, is snug when it slides over the IP joint.



*Sideways over IP joint*

- 2** Measure the length from mid-phalanx to mid-phalanx.

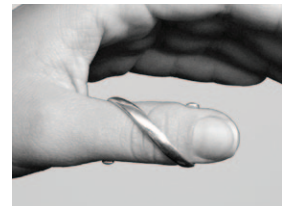


*Mid-phalanx*

*The spiral splint can be worn to block hyperextension and provide mild medial/lateral stability to the joint.*



*The spiral splint can be worn for trigger thumb by positioning the center band to cross diagonally over the dorsal surface of the IP joint.*



## **SPLINT ADJUSTMENTS AND FITTING:**

- Splints can be adjusted for circumferential fit by either tightening or opening the spiral.
- Splint length can be adjusted by spreading the ends apart or squeezing the ends towards each other.

SIRIS™ MEASURING INSTRUCTIONS

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