

Note: RL splints are measured the same way as BT splints. RL splints are longer than BT splints (see picture on right). They are useful for enlarged or fusiformed PIP joints or when a longer splint is needed for better leverage.

Note: Do not flex the finger when wearing the EZ-Sizer as it may weaken or break.

- 1 Choose proximal and distal EZ-Sizers that fit when angled as shown in the pictures. Leave a space (8 – 10mm) between the EZ-Sizers for the BT spacer.
- 2 Remove the EZ-Sizers from the cord and place them in the BT Holder to form a "splint".
- 3 One side of the BT Holder has 2 slots which position the proximal ring at either 15° or 30°. Choose the 15° slot for proximal EZ-Sizer when splinting the DIP or thumb IP joints or when a shorter splint is needed to avoid interfering with an adjacent joint.
- I Slide the "splint" onto the finger. The spacer is worn on the side of the joint. Splints may be rotated on the finger when sliding into place. Change the sizes as needed until the "splint" fit is comfortably snug.

Note: Sizes may need to be increased to accommodate non-reducible contractures.

RL splints are not used for DIP or thumb IP joints.



HOLDER

AT 30°





BT HOLDER

AT I5°

BT

RL

