

SIRIS LATERAL SUPPORT SPLINT (LS)

Lateral Deviation less than 20°

1 Choose proximal and distal EZ-Sizers that fit, when angled at 45° from the volar crease, as shown in the pictures.





2 Remove the EZ-Sizers from the cord and place them in the SN Holder to form a "splint".





3 Slide the "splint" onto the finger.



4 Change the sizes as needed until the "splint" fit is comfortably snug. Specify the side for the lateral support (radial, ulnar or both). Support goes on the side opposite the direction the finger deviates. If the finger is bilaterally unstable, request a splint with support on both sides.

Note: LS splint is not appropriate for enlarged joints, joints with Heberden's or Bouchard's Nodes or when deviation cannot be passively corrected to neutral.

This splint can be worn on the PIP or DIP joints, but is rarely used on the thumb IP joint due to the joint shape. Use the same measuring steps for each joint. For the DIP or thumb IP joints, the distal ring should rest on the nail, not on the nail bed.







SPLINT ADJUSTMENTS AND FITTING:

- To loosen the fit, decrease the angle between the rings by pushing the rings together.
- To tighten the fit, spread the rings further apart.