Choose a Round Ringsizer that slides easily over the PIP joint and can be positioned at the base of the finger.

With the Ringsizer still in place, measure the length from distal palmer crease to the distal edge of the Ringsizer.

With the Ringsizer still in place and with the finger in slight flexion, measure the length from the center of the MCP joint to the distal edge of the Ringsizer and add 2cm to that measurement.