

SIRIS BOUTONNIERE SPLINT (BT)

Hyperextension greater than 20° (spacer worn under the joint)

 Choose proximal and distal EZ-Sizers that fit when angled as shown in the pictures. Leave a space (8 – 10mm) between the EZ-Sizers for the BT spacer.





2 Remove the EZ-Sizers from the cord and place them in the BT Holder to form a "splint".

3 One side of the BT Holder has 2 slots which position the proximal ring at either 15° or 30°. Choose the 15° slot for proximal EZ-Sizer when splinting the DIP or thumb IP joints or when a shorter splint is needed.



BT HOLDER AT 30°

Slide the "splint" onto the finger. The spacer is worn under the joint. Change the sizes as needed until the "splint" fit is comfortably snug.



This splint can be worn on the PIP, DIP or Thumb IP joints. Use the same measuring steps for each joint. For the DIP or Thumb IP joints, the distal ring should rest on the nail, not on the nail bed. If the BT splint is too long, consider using the SN splint.







SPLINT ADJUSTMENTS AND FITTING:

- The BT splint is shipped with both rings at 30°. If using the 15° slot for measuring, adjust the angle of the ring when the splint is received.
- To loosen the fit, decrease the angle between the rings by pushing the rings together.
- To tighten the fit, spread the two rings further apart.

SIRISTM MEASURING INSTRUCTIONS

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