

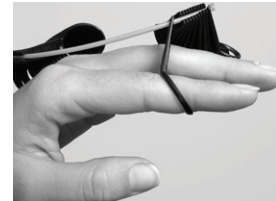
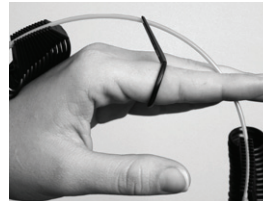


# SIRIS BOUTONNIERE SPLINT (BT)

*Flexion Contractures less than 25° (spacer worn on top of the joint)*

*Note: Do not flex the finger when wearing the EZ-Sizer as it may weaken or break.*

- 1** Choose proximal and distal EZ-Sizers that fit when angled as shown in the pictures. Leave a space (8 – 10mm) between the EZ-Sizers for the BT spacer.



- 2** Remove the EZ-Sizers from the cord and place them in the BT Holder to form a "splint".

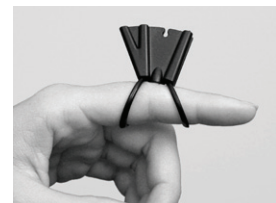


- 3** One side of the BT Holder has 2 slots which position the proximal ring at either 15° or 30°. Choose the 15° slot for the proximal EZ-Sizer when splinting the DIP or thumb IP joints or when a shorter splint is needed to avoid interfering with an adjacent joint.

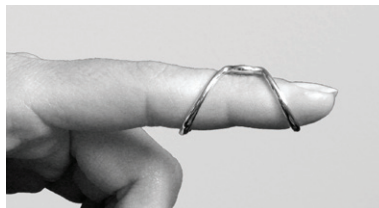


- 4** Slide the "splint" onto the finger. The spacer is worn on top of the joint. Splints may be rotated on the finger when sliding into place. Change the sizes as needed until the "splint" fit is comfortably snug.

*Note: Sizes may need to be increased to accommodate non-reducible contractures.*



*This splint can be worn on the PIP, DIP or Thumb IP joints. Use the same measuring steps for each joint.*



## SPLINT ADJUSTMENTS AND FITTING:

- The BT splint is shipped with both rings at 30°. If using the 15° slot for measuring, adjust the angle of the ring when the splint is received.
- To loosen the fit, decrease the angle between the rings by pushing the rings together.
- To tighten the fit, spread the two rings further apart.

SIRIS™ MEASURING INSTRUCTIONS

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