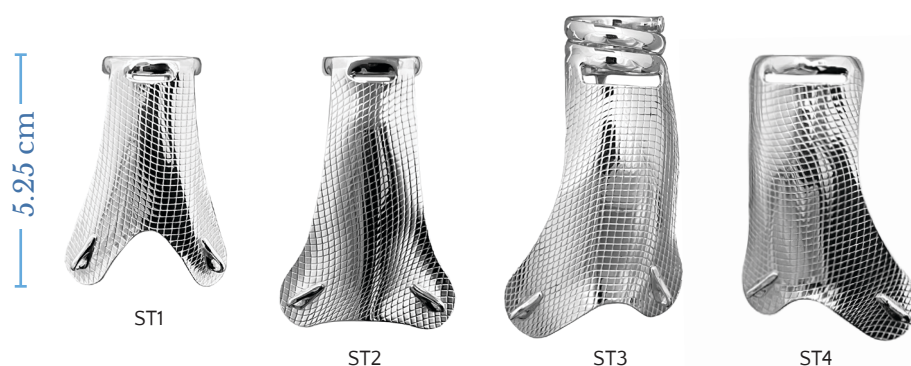


# Thumb MCP Problems - ST Options



## *Stable Thumb Splint*

**Without PVX** - used to reduce hyperflexion of thumb MCP joint

**With PVX** - used to reduce hyperextension and hyperflexion of thumb MCP joint

- Use instead of Thumb MCP Splint when there is adduction of the thumb, subluxation of the CMC joint, a tight web space or limited passive MCP motion
- Use if problems develop following CMC arthroplasty
- Use Proximal Volar Extension (PVX) to improve alignment of the CMC joint and reduce pain. CMC joint must have mobility
- IP Splint can be worn with ST1, ST2 or ST4
- Use ST2 for longer hands and better leverage (6.0 cm length)
- Use ST3 for added lateral stability and maximum thumb support (7.1 cm length)
- Use ST4 for added lateral stability and more mobility than ST3 (6.2 cm length)



## *PVX Options*

**PVX** - standard "U" distributes pressure around the head of the metacarpal avoiding direct pressure on a potentially sensitive area

**Spoon PVX** - places more direct pressure with a curved pad that can more easily be adjusted by twisting or bending left/right

## *Bracelet Clasps*

8 inch Bracelet with Lobster Clasp comes standard with all ST Splints. Clasp can be changed to 'S' hook or Magnetic Clasp.

Use Magnetic Clasp when fine motor skills are difficult. The two sides interlock for a strong latch. The Magnetic Clasp has an upcharge.



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